



ELECTRONIC HARASSMENT

www.eharassment.ca

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Home	Links	Your Stories
Networking	Get Healthy	Meetings
Research	Mailing List	Guestbook

What is electronic harassment?

*"There is abundant evidence in the public domain that non-lethal weapons research is ongoing and funded annually in the tens of millions of dollars, or more. Given the fact that chemical and biological weapons, mind control drugs and radiation have been tested on unwitting civilian populations, it is possible that non-lethal weapons have also been tested on unwitting citizens... **To date, organized and academic medicine have acted as if non-lethal weapons do not exist.**"*

- Dr. Colin A. Ross, p. 106 of

[Bluebird: Deliberate Creation of Multiple Personality By Psychiatrists](#)

"Dr. Antoine Redmond [Director of the National Institute for Mental Health] has demonstrated that... stimulation of the brain can be applied to the human without the help of a neurosurgeon; he is [implanting brain electrodes] in his office without neurosurgical supervision. This means that anyone with the proper apparatus can carry this out on a person covertly, with no external signs that electrodes have been used on that person covertly. I feel that if this technique got into the hands of a security agency, they would have control over a human being and be able to change his beliefs extremely quickly, leaving little evidence of what they had done."

- Dr. John C. Lilly, p.151 of [Mind Controllers](#), by Dr. Armen Victorian

"Non-lethal weapons is a broad category which includes devices for beaming various kinds of energy at human targets in order to temporarily incapacitate them, or to control or affect their behavior. Non-lethal weapons research has been conducted at universities in the United States on contract to the CIA, and has overlapped with research on hallucinogens and brain electrode [implants](#). Funding of the experiments began in MKULTRA."

- Dr. Colin A. Ross, p. 103 of

[Bluebird: Deliberate Creation of Multiple Personality By Psychiatrists](#)



Electronic harassment or e-harassment is a catch-all term used to describe a group of circumstances which a large number of people are currently experiencing in common. In general, this term refers to the use of electronic technology to view, track and/or harass a person from a distance. Whether this is done by satellite, land based systems or locally (i.e. by neighbours) is largely personal opinion. There is no definitive proof that would allow any of the present victims to launch a court case, but the numbers of victims and the commonality of experience speaks for itself.

The technology involves the use of electromagnetic waves of various frequencies to achieve different results. Some frequencies will make a person tired, while others may cause confusion or memory loss. With the rapid increase in cell phone usage, many experiments have been conducted on the detrimental effects of those particular frequencies on animals. The results indicate that the invisible em signals from cell towers can cause a wide range of physical ailments. If that is the case with the relatively narrow range of cell phone frequencies, it is even more likely the case with the frequencies which may be used to cause direct, intentional harm to a person.

There are other excellent websites which have gone into a lot more detail and effort in substantiating that such technology can exist, so that information is not repeated here. See the links to other websites for additional information about the technology.

Electronic harassment is sometimes referred to as "psychotronics", but would more accurately be described as "criminal psychotronics". Psychotronics is a term which was coined to describe psi (psychic) research undertaken in Russia during the Cold War. According to some sources, the Russians are far ahead of the Americans in such research. According to Tim Rifat's book "Remote Viewing", the Russians explored the use of remote viewing for intelligence purposes, becoming adept at effecting all kinds of results on victims from a distance, including influencing decisions and causing illness. They also used electronic technology directly to affect the mental condition of their enemies (the Woodpecker signal is one such example, although the motives behind the signal remain debatable), as well as in conjunction with the psi experiments to enhance results. Whether or not the situation of e-harassment victims also includes psi weapons is a matter of opinion.

News

New Survey Added

This [survey](#) collects stats on who the potential perpetrators may be.

The new survey has been created in response to questions asked by non-targets during [CATCH Presentations](#).



Gang Stalking Caught on Video

This [video](#) illustrates the concept of gang stalking.

There is also a [slideshow](#) of stills taken from the video.



Recently Published Articles

The Washington Post - August 28, 2005

[Extreme Defense: Lighting guns, heat rays, weapons that can make you hear the voice of God. This is what happens when the war on terror meets the entrepreneurial spirit](#)

Scientific American - October, 2005

[The Forgotten Era of Brain Chips: The work of Jose Delgado, a pioneering star in brain-stimulation research four decades ago, goes largely unacknowledged today. What happened?](#)



Rally and Senate Hearing in Washington DC, Oct. 8th, 2005

Organized by the [Southeastern Christian Association](#).

The purpose of the rally and hearing was to:

- (1) raise public awareness,
- (2) gain the interest of the media and
- (3) encourage politicians to pass legislation that will help to promptly end the misuse of electronic weapons and related technology.

-> [The "official" report about the rally](#)



Michigan Legislature acknowledges the existence of "harmful electronic or electromagnetic device(s)".

Bill 4513 is an amendment to 1931 PA 328, which defines crimes and prescribes penalties for crimes. The above crime is defined as: "a device designed to emit or radiate or that, as a result of its design, emits or radiates an electronic pulse, current, beam, signal, or microwave that is intended to cause harm to others or cause damage to, destroy, or disrupt any electronic or telecommunications system or device, including, but not limited to, a computer, computer network, or computer system".

This is particularly useful in pointing out that *laws are not passed for things that don't exist*.

www.michiganlegislature.org/documents/2003-2004/billenrolled/house/pdf/2003-HNB-4513.pdf

[Local copy here, if link is broken](#)



U.K. Green Party Acknowledges EM Weapons.

This is an email written in response to an inquiry about resolution 27, passed by the European Parliament, which states:

27. Calls for an international convention introducing a global ban on all developments and deployments of weapons which might enable any form of manipulation of human beings.

The reply is packed with information about electromagnetic weapons which is "one of the newest and most serious military developments in the world today." The Green Party MEP who wrote the reply was Dr. Caroline Lucas, who goes on to say that, "enormous secrecy surrounds their development".

Some more quotes from the email by Dr. Lucas:

"The more sinister aspect [of the technology] concerns the ability to use low density waves of particular frequencies and special waveforms to literally 'tune into' the human central nervous system (CNS), something that has been achieved in the laboratory, according to publicly available literature."

"Unless this development is stopped, we are entering an Orwellian '1984' type scenario, which could potentially permanently transfer enormous power to those in control of the technology."

[Click here for full text.](#)



Activism group "C.A.T.C.H." started in Toronto, Canada

We have formed a group called *Citizens Against Technological and Community-based Harassment* in conjunction with the Toronto Rape Crisis Centre (TRCC). It meets once a month at the TRCC and focuses on raising public awareness and activism.

For more information see: www.c-a-t-c-h.ca



David Larson implant report has *striking* photos of implants.

<http://www.us-government-torture.com/Larson%20Report%20Edit.pdf>

If this link is unavailable, [email us](#) and we will post a copy online.

You need Adobe Reader to read this pdf file. [Download](#) a free copy if you don't have one.



Two articles about implants:

(1) Although Dr. Leir believes the implants he is removing have come from alien abductions, he is one of very few doctors who have seen evidence with their own eyes that people *are* being implanted. It doesn't really matter who he believes is doing it, does it? What matters is that *someone* is doing it. Look for how he detects the implants.

[Click here for article.](#)

(2) An article about implantation technology and the legal ramifications:

<http://www.fplc.edu/risk/vol8/fall/ramesh.htm>

What are the symptoms?

The following is a list of the most common symptoms which people experience. Not everyone experiences all of these symptoms, but most victims share a large number of them.

- **Ring in the ears:** Can be various pitches, constant, intermittent, occurring in both ears or only one ear. Can sound like a low rumbling noise or like a buzzing mosquito, for example. Victims report a feeling of discomfort that accompanies the noise. Some report the noise being loud enough to cause excruciating pain.
- **Clicking noises inside the head:** Many report hearing "clicks" in their sinuses and/or their ears. [Read Motorola Labs report about microwave hearing.](#)
- **Manipulation of body parts:** Muscles are pulsed and/or contracted involuntarily. Feet, legs, arms, and individual fingers can be made to move by sudden jerking or the motion can be slow and controlled. This often occurs at night in bed, although it can occur anywhere.
- **Piercing sensation on skin:** This involves the feeling that the skin is being pierced by a needle. Some report this as painful, while others only experience it mildly.
- **Sinus problems:** Those who suffer from sinus problems report it to be very painful and agitating, with the sinuses filling up and pulsing, often preventing sleep from occurring.
- **Sexual attacks:** *Many* report the sensation of having their genitalia manipulated. Both men and women report this. It involves tingling, prickling, arousal and/or pain of the genital area. It is a particularly disturbing and traumatic experience, with the accompanying sensation of being severely violated. Given the "artificial/electronic" nature of it, there is no question that it is not *by any stretch* a "natural" occurrence.
- **Tapping or Banging noises:** This is experienced as coming from the outside environment. It is often a source of sleep disturbance, and occurs just as one is going to sleep. [Click here for a sample recording.](#)
- **Appliances turning on/off:** Some have had the experience of having appliances behave in unpredictable or inexplicable ways. Machinery containing motors will run far too fast (and/or far too loud) causing them to break down quickly.
- **Hearing Voices:** About half of the targeted people hear voices, often identified to be those who are perpetrating the crime. The technology exists to transmit sound inside peoples heads, bypassing the ears altogether. There is speculation that this is a form of [microwave hearing](#). Some report hearing the voices outside of their heads, as though there is a speaker inside their home somewhere.

- **Visual Hallucinations:** Some report visual hallucinations. Seeing colored lights is commonly reported.
- **Street Theatre:** Some people experience what is called "street theatre" - a form of harassment that involves multiple stalkers participating in aggravating the target, very often involving noise campaigns.
 1. See [Terrorist Stalking in America](#), which describes how street theatre is accomplished.
 2. See [two Toronto Star articles](#) on extremist group vigilante type behavior which follows the same model of harassment.
 3. Also, see www.gangstalking.ca for a more detailed description.
- **Sleep deprivation:** This is commonly reported and achieved any number of ways, but usually involving excessive noise.
- **Anxiety attacks:** Many people experience a racing or pounding heart just as they are about to go to sleep.
- **"Pseudo" heart attacks:** This involves the sensation that the chest is being tightly constricted, mimicking the symptoms of a heart attack.
- **Other symptoms:** Social isolation, chronic fatigue and other illnesses, headaches, thoughts of suicide, depression, inability to hold a job, diagnoses of mental illness, and the like often accompany the situation.
- **Computer problems:** Although victims are certainly not alone in having computer problems, they report frequent issues with emails as well as general computer use. [Click here](#) to see some examples.
- **Destruction of property:** Items are vandalized but not to the degree that it would appear to be vandalism to someone else. This technique is called "[Gaslighting](#)" and is a form of subtle revenge that is described [here](#) in a book review by Eleanor White. The purpose is to incur numerous small costs over time to the targeted individual, thereby raising stress levels, as well as to undermine a person psychologically by creating a sense of self-doubt and insecurity.

Some [harassment examples here](#). ***Includes an audio file of banging at night.**

For those who are interested, you can read the site creator's [personal story here](#).

Who is doing it and Why?

Although the answers to those two questions are difficult to determine, they are a pressing issue for those targeted. Many believe that they are victims of covert U.S. (or other) government experiments using technology which has not been exposed to the public at large. Many U.S. Patents indicate the existence of various technologies which would enable this type of harassment to take place. Past history of government behaviour (i.e. the MK-ULTRA experiments by the CIA) indicate the likelihood that such experiments have not stopped but continued in the same manner that they had before the brief exposure of the MK-ULTRA program - i.e. in secrecy. The book review of [Bluebird](#) covers much of this behavior in more detail.

Others believe that the crimes are perpetrated through local agencies such as police or even disgruntled neighbours or past acquaintances. It is believed that the technology is available to those in law enforcement as well as to organized crime groups. A recent article in the August 28, 2005 issue of [The Washington Post](#) entitled, *Extreme Defense: Lighting guns, heat rays, weapons that can make you hear the voice of God. This is what happens when the war on terror meets the entrepreneurial spirit*, suggests that these weapons are being made available to diverse groups without public input.

Some believe in the use of implants to track the victims using wireless technology and GPS, while others feel that some kind of behavioural conditioning (i.e. mind control) is largely the cause of the various symptoms. Most people to whom it is *not* happening think we're suffering delusions. Tracking implants have been found in some victims (see links), although the harassment has continued despite removal of the implants. With the increasing miniaturization of technology, it is likely that implants are no longer possible to find with x-rays or MRI's if they have been manufactured in recent years.

[Click here for pictures of implants.](#)

What can we do about it?

It is important to stick together and try to gather enough information so that we can bring this to public awareness. It is crucial that we support one another, as we have little recourse at the moment, and no countermeasures have proven to be permanently effective. Victims commit suicide due to the extreme trauma of the experience, and we hope that in a small way this website may give a person hope that he or she is not alone, and prevent another tragedy from taking place.

Although we can't yet stop the aggressors, there are ways to reduce some of the pain. The following are some of the things which will help to ease some of the pain and stress:

- **Move in with other people if at all possible.** Even though you value your independence, the attacks are considerably more effective when you're living on your own. Isolation is important to the perpetrator's agenda.
- **Stay in contact with others who are in the same situation.** This can be done using email, visiting websites and reading victims' accounts or joining a forum where people talk about their experiences and support one another.
- **Refrain from telling too many people what is happening.** People will not believe you and you stand the risk of being committed by well-meaning family members. However, if you are suicidal, and have no place to go and no one you trust, we would strongly advise that you allow yourself to be taken care of in a hospital rather than let the thoughts of self-harm overtake you. It is only temporary and you will be released. Never think of it as something too horrible to contemplate - suicide is the horrible choice, far worse than going to a hospital for a while. By talking to other victims, and letting them know what is happening to you, you can be assured you will never need to feel alone.
- **Develop a solution-oriented mind-set.** That is, find solutions to problems wherever possible. See the [countermeasures page](#) for some solutions.
- **Work hard at overcoming and facing your fears.** The attacks are more effective when you are afraid. Remember that we're all in this together and resist the urge to isolate yourself if something upsets you.

- **Find someone who believes you who you can talk to about this.** Other victims are a good choice, but some may be too unstable to talk to. Choose someone who seems to be in control. We are all at different stages of dealing with this.
- **Ignore the attacks.** In time, many of them DO stop. But if you're panicking, they tend to increase the attack, so it is imperative to gain control within and stay calm. (We're speaking from experience here - many of us have seen this pattern - so don't lose hope!) Conversely, don't expect perfection from yourself. This takes time. My panic sessions diminished over time, rather than stopping all at once.
- **Take a good multivitamin and a vitamin B complex for stress.** See [countermeasures](#) for more detailed suggestions.
- **Try to be flexible** as much as possible. Bend with the wind rather than try to fight it. If you are being bothered by noise don't just sit there and let it get to you. Do something else, like reading a book, watching TV, going online or going outside for a walk.
- **Listen to music** to counteract the high frequency sound (and for enjoyment!).
- **Do something you love to do.** Creative activities are especially beneficial (don't think too hard - just do something). This raises serotonin levels and helps you deal with the stress.

Online Discussion Groups

1. **Multistalker Victims:** For victims of gang stalking. Discussion of electronics not permitted in this group. [Click here to join](#). For more info see: www.multistalkervictims.org.
2. **Cause Stalking:** http://groups.yahoo.com/group/Cause_Stalking/
3. **Electronic Violence:** http://groups.yahoo.com/group/Electronic_Violence/
4. **mcforums:** For mind control victims, victims of electronic harassment and gang stalking. [Click here to join](#). For more info see: www.mindcontrolforums.com.

(Note: Some forums contain a lot of verbal abuse and mind games within the group. If you find that you are feeling worse after joining a particular forum, we would highly recommend leaving it and seeking out a different one.)

You may need to get yourself a Yahoo email address to join the above discussion groups. Yahoo email is free.

Once you have been able to get the information and the contact you initially need, we would also advise you not get stuck in one place, but begin looking for others in your own area to network with, because the forums will only take you so far. They help you know you

are not alone, but they do not stop the crime.

Regarding contact with other targeted individuals, this is a good rule of thumb to go by: if someone you don't know well is excessively disruptive, rude, accusatory, manipulative or simply occupies a lot of your time, they are going to keep you from moving forward and fighting this crime. Leave them and go to those who have a similar vision and a similar goal, and who treat people with respect. Stay focused on your goals.

Guestbook

This guestbook is provided for anyone who wishes to add their comments to the site, or read the comments that others have left. There is lots of contact information here.

* [Go to Guestbook](#)

Survey

The purpose of the survey is to gather stats on numbers of victims and the prevalence of symptoms. The survey can be done anonymously if you wish. Results are sent to the website creator as well as to Eleanor White (www.raven1.net), who has been compiling statistics on symptoms since 1998.

* [Go to Survey](#)

* [View initial survey results from this website.](#)

Stats from previous years at raven1.net: [1998-2001](#), [2002](#).

TI Network

* [Find other TIs](#) (Targeted Individuals)

* [Add your contact information to the TI Network](#)

Meeting Announcements

* [Look for meetings in your area](#)

* [Post a meeting announcement](#)

My Other Websites

Gang Stalking:

This website is dedicated to the phenomenon of stalking by multiple individuals, also known as "cause stalking" and "vengeance stalking". www.gangstalking.ca

Citizens Against Technological and Community-based Harassment:

This is an activism project in Toronto, Canada started by 3 targeted women in the region in

conjunction with the Toronto Rape Crisis Centre. It holds tremendous promise for raising public awareness.

www.c-a-t-c-h.ca

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